MINUTES OF THE 60th ANNUAL GENERAL MEETING HELD AT THE HELSTON COMMUNITY HOSPITAL ON MONDAY 24 NOVEMBER 2014 AT 2PM

Present: Matron Lynda McHale, Matron of Helston Community Hospital; Sandra Wilderspin, M.B.E., 16 Committee Members, 13 members and friends.

- **1. The President, Dr Ken Whittle,** welcomed everyone to the meeting today and thanked everyone for coming along to this our 60th Annual General Meeting.
- **2. Apologies were received from.** Chairman CIOS League of Friends Candy Baker and Secretary Chris Roberts, Mayor of Helston Mike Thomas, Dick Powell, Andrew George M.P., Jenny Mann, Harold and Lilian Stephens, Lilias Chapman, Mrs Vera Wilton, Penny Whittle, Ase Smith, Steve Jenkins Chief Executive of Peninsula Community Health, Baden Christophers and Father John from the Catholic Church.
- **3. Minutes of the 2012 Annual General Meeting** had already been circulated and Jo Coward asked for their adoption.

 Adoption was proposed Jo Coward; seconded-Barbara Gales

 AGREED

 **AGRE
- 4. Matters Arising on the Minutes: None

5. Chairman's Report: Mrs Anne Russell.

Anne wished everyone a warm saying this was an opportunity for friends to hear and see what we do during the year. This year has been exceptionally special. The Helston LOF celebrating their 60th year, also marking The First World War and the building of Helston Community Hospital. To commemorate this special year we held a very successful Cheese & Wine evening thanks to Martin Mathews and the hospital staff for making it possible. It really was an evening to remember.

Last Friday Sandy & Moira marked the occasion with a 40's evening at the Godolphin Club which again was very successful raising approx. £400. April at Yacht House a coffee morning and this was well supported. July the Summer Fete opened by Tiffany Truscott supported by the Mayor and his wife. A successful Fete and special thanks to Barbara and her team for the tea and cakes and Penny for all her notorious raffles through the year. This year we have had wonderful support the Mayor of Helston has selected us for one of his charities, Helston Community College Year Ten will be presenting a cheque to the LOF in The New Year. Mr and Mrs Brown at Gunwalloe had an Open Garden Party raising £510 donating to the funds of the hospital. Breage School for making fantastic Easter cards for all the patients, with such meaningful messages written inside, they were greatly appreciated. A sponsored walk by the nurses raising over £735 for the Hospital. Our thanks again to Audrey and her ladies for the flower arrangements in the reception area. Anne thanked all the Committee Members for their help, Wendy and Jo joint secretaries, Sue for being so very efficient, and a warm welcome to our new members on the Committee, Ann Ferris, Jenny Mann and Moira Dixon. Ken our President still keeping her going with his support and encouragement. Special thanks to Matron for attending our meeting when possible, also Sister Teresa and Tracey. Anne said how very privileged we are at being part of the Hospital and she would continue to do her very best in the coming year for the LOF and the Hospital. Anne moved the adoption of the report.

Proposed: Barbara Gales Seconded: Dr Ian Wort AGREED

6. Treasurer's Report: Mrs Sue Atkins gave the following report:-

Sue presented the Treasurer's Report for the year ended 31 July 2014 **Income** – totalled £9889

• Annual Fete £1483, AGM Stall £109, Coffee Morning and Anne Russell's £437, Raffle held by Ruth Avery £532. Donations in lieu of flowers £3451 (with restricted funds for £203 being for use solely in the Jack Johns Suite). Other donations £1024. Legacy Miss Crystal Mary Kitto £1000. Interest on reserves £1553. Subscriptions £300 with those for the current year now falling due.

Expenditure for the direct benefit of the Hospital totalled £10,086 made up as follows:

• Sensory Portare £2844, Phase 3 Mattress System £1750, Hairstylist's basin £1167 with restricted funds of £810 bought forward from 2012/13 being used. Hydroboil for Day Hospital £1458, Woodcote Upholstered Recliner £900, Maintenance of the Aquarium in Outpatient's Waiting Room and Additional fish £465. Replacement TVs for Rooms 15 & 16 and in the Jack Johns Suite £701. Christmas monies for patients £360. Steps for Physiotherapy Department £332. Replacement DVD in Day room £75, Easter Eggs for patients £34.

Other expenditure included the annual subscription to Attend (our National Association) printing, advertising and sundry items amounting to £795. Total expenditure of £10881 against receipts for the year of £9889, produced an excess of expenditure over income of

£992, which reduced our reserves to £118592. At the end of the Financial Year, provisions of £2182 were made to provide various items for the Hospital.

Should anyone require a copy of the accounts, these can be made available on request. This concludes the Report for another successful year, and I ask for its adoption.

Proposed Barbara Gales Seconded: Joy Michell AGREED

7. Election of Committee Members retiring by rotation and willing to be re-elected

Jo Coward, Barbara Crabb, Sandy Bartlett, Barbara Gales, Audrey Johns.

Proposed: Sue Swift Seconded: Penny Truscott and AGREED

• Co-opt new Member proposed by the Committee, **Moira Dixon**

Proposed: The Committee Seconded: Sue Swift AGREED

8. Election of Officers – The Committee is proposing the following

Chairman – Anne Russell Proposed Barbara Gales Seconded: Joy Michell AGREED
Vice Chairman – Penny Truscott Proposed Crete Pooley Seconded: Barbara Gales AGREED
Joint Secretaries - Jo Coward, Wendy Wallis Proposed Heather Gilbert Secd: Dr Ian Wort AGREED
Treasurer - Sue Atkins Proposed Penny Truscott Seconded Ivan Perry AGREED
Publicity – Heather Gilbert Proposed Ann Ferris Seconded: Sue Swift AGREED

9. Appointment of the President 2013 to 2014 - Dr Ken Whittle

Proposed: By Committee; Seconded. Dr Ian Wort and AGREED

10. Appointment of Independent Financial Examiners - Linda Dunford of Kitchen and Brown

Proposed: Barbara Gales Seconded: Crete Pooley AGREED

11. Appointments of Bankers - Messrs BARCLAYS Bank plc & CAF BANK-(Charity Aid Foundation)

Proposed: Ivan Perry Seconded: Sue Atkins AGREE

12. Questions from the Floor –

• Ivan Perry – As it will be 100 years since the beginning of the War, and this was built at the end of the War has anything been planned to commemorate this?

Ken said The Hospital are organizing a Memorial Service and Candlelite Vidual at the Hospital to commemorate 100 years since the start of the First World War and the building of the Hospital. All Faiths and Groups in and around Helston have been contacted, Matron will tell us all about it in her report.

Penny Truscott said we had planted 2 trees in the garden this year, The Committee planted a Cherry Tree for the 60th Anniversary of the Formation of the League of Friends, and the other a Copper Beech donated by the Truscott family in memory of Roger to commemorate the start of the First World War.

- **13.** Cornwall and IOS League, as both Candy Baker Chairman of the League and Chris were unable to attend the meeting a letter was read out by Jo-
 - "We are sorry that we will be unable to be with you today but we would like to say a few words for the members. We send our Best Wishes that you have a successful AGM. We fully intend to rectify our lack of attendance this year at your meetings and events in 2015. We have tried this year to visit League events which we had not done in previous year, but as many will appreciate the County is large and travelling time very consuming. This is NOT a grumble, because we enjoy meeting the members and hearing of the hard work which Leagues do to make life better for the patients and staff. In 2015 the County League are preparing to work with Sue Greenwood in conjunction with Peninsula Community Health to hold Health Fair Days around the County, which will involve clinicians and staff from several areas of care, i.e. dementia, diabetes, etc. As soon as we have the positive plans in place for venues, times and arrangements, we will be in touch and hope that we may see some of your members at these evens. Both Chris and I send Seasonal Greetings for 2015 and hope you all have an enjoyable Christmas. Yours in friendship Candy and Chris.
- 14. Thanks from the Hospital Matron Lynda McHale thanked the League of Friends from everyone in the Hospital for all the hard work and support by the Committee and Friends. This year has been a very difficult year. Talks of merging but we hope to continue into the future. I do hope next year will be a little easier. I would like to thank everyone who has supported the hospital, League of Friends support us through difficult times. The public and the Community for all their continue support. I am very proud of the Hospital. The Sensory Portare is used by the patients and has been wonderful. It is very successful in calming patients with LOF AGM-2014-Minutes

 Minutes prepared by Wendy Wallis -24 November 2014

dementia and is so appreciated by the Staff. I would like to thank you again from the bottom of my heart for all you do for the Hospital.

• Details of the Service :-

MEMORIAL SERVICE AT THE HOSPITAL Sunday 7 December 7 – 9 p.m. Neil Wilson, a Healthcare Assistant from the Hospital has organized a Memorial Service and Candlelite Vidual at the Hospital to commemorate 100 years since the start of the First World War and the building of the Hospital. Neil has contacted all Faiths and Groups in and around Helston, The Mayor of Helston and Porthleven have been invited and the Helston and Porthleven Bands have agreed to attend. Neil has contacted the Museum and found 62 people were killed from Helston in the First World War and a "Poppy Day Cross" with their names on the Cross will be planted in the Sensory Garden. Liz from the Hospital had written two poems which will be read at the Service. The Service will start in the old part of the Hospital at 7 p.m. and we will make our way into the Sensory Garden to remember all those lost from the Helston area and bless the crosses and back into the Day Room for refreshments.

15. **SPEAKER** Sandra Wilderspin M.B.E.

Ken Whittle introduced Sandra saying she had received an M.B.E. from Her Majesty in 2012 for services as Chair of International British Schools Worldwide, and is an Ofsted Inspector and is on the Independent Schools Panel.

Sandra began by saying how she never intended to be a teacher, but wanted to be a vet but found she was allergic to animals. After visiting Parc Eglos when she was doing A levels - she knew she wanted to teach! She went to Cambridge, worked in Cornwall and then went to Dubai where she learnt Arabic and became familiar with their culture. She helped set up a School in Dubai for special needs with the help of "Rotary" and "Lions". She then had an offer of going to Kathmandu Nepal to teach. After much deliberation she accepted and set off with her dog where she became headmistress of a School and talked about her experiences teaching in such a remote part of the World, the difficulties with "politics" and lack of healthcare in Nepal. The School became very involved with the community and tried to educate the locals in health care, raise money for children to have the operation for cleft palates. She explained how public services were very intermittent and they were always aware of the possibility of earth quakes etc and had contingency plans in place.

- 16. Vote of Thanks Ken Whittle thanked Sandra for such an interesting talk and wished her well in the future.
- **17. Christmas Staff Bazaar** No details as yet but probably sometime in the New Year but Wendy would get details out to Members and put it on the website. www.helstonhospital.co.uk
- 18. Any other business None
- 19. The Meeting closed at 3.50 p.m. Refreshments were served

Signed

Chairman: Anne Russell Vice Chairman: Penny Truscott

Secretary: Jo Coward - Tel:01326 231510 jo@tretheweyfarm.co.uk
Secretary: Wendy Wallis: email: wendy@newpotatoes.net

Printed Tuesday, November 25, 2014

www.helstonhospital.co.uk email info@helstonhospital.co.uk